CIRCULAR FOR CLASSES NURSERY TO XII

TIS/ VV/ 2024-25/042 July 2024

Dear Parents,

As the monsoon season has started off in the country, it is crucial to take necessary precautions to protect our children from illnesses such as conjunctivitis, chikungunya, and malaria. These diseases are more prevalent during this time due to increased water accumulation and humidity. Therefore, it is important for us to work together to ensure the health and well-being of our students.

Here are some precautionary steps to mitigate the risks:

- Encourage students to wash their hands frequently, especially before meals and after outdoor activities.
- Ensure that your child wears long sleeves and pants to minimize exposure to mosquitoes. You may send your ward to school wearing the prescribed full sleeved shirt and trousers. Girls can also wear school trousers.
- Use mosquito repellent creams or lotions when necessary.
- Keep your surroundings clean and free of stagnant water, which can be breeding grounds for mosquitoes.
- Encourage your child for not touching their eyes with dirty hands. Instruct them on how to clean their eyes properly if they feel any discomfort.
- Encourage your child to consume nutritious meals to boost their immunity. Include fruits and vegetables rich in vitamins and minerals.

By following these precautionary measures, we can collectively reduce the risks associated with conjunctivitis, chikungunya, and malaria during the monsoon and post-monsoon months.

Your cooperation and support in implementing these measures are greatly appreciated. Let's work together to keep our children healthy and safe.

N.Saroj Dean-Academics