

**Dear Students** 

Here are some relaxing and educational activities that you can engage in during the summer break:

- Sook reading: Read a book definitely from the suggested reading list.
- Outdoor Recreation: Spend every day some time outdoors by engaging in activities like cycling, hiking, swimming, or simply enjoying picnics in nature. Fresh air and physical activity can promote relaxation and well-being.
- Meditation and Yoga: Meditation and yoga practices can help you relax, reduce stress, and improve mental focus. You can follow guided meditation videos or attend local yoga classes if available.
- Creative Art: Engage in creative art activities like painting, drawing, or crafting.
- Online Courses: You can enroll in online courses or virtual workshops that align with your academic interests or help you explore new subjects. Platforms like Coursera, Khan Academy, or Udemy offer a wide range of courses across various disciplines.
- Virtual Museum Tours: Many museums offer virtual tours, explore art, history, and science exhibits from the comfort of your homes. You can learn about different cultures, historical events, or scientific discoveries.

Remember, the key is to find a balance between relaxation and educational activities during the summer break.

Besides the above recommendations, some summer holiday tasks have been designed to equip you with a deep understanding of the requirements in each subject and assist you in being exam-ready. You are required to revise the syllabus covered till May and attempt the following-

(i) **Two objective-type papers** of 40 marks each will be shared on GCR. It will include competency-based questions and general MCQs. These papers will be available for a fixed time. They have to be attempted between 10:30 am and 12:30 pm.

a)They will be uploaded on GCR.

b) These will be assigned as per the schedule given below.

Date & Day	Х	XII A	XII B	XII C	XII D
Mon,03 June &	English	English	English	English	English
Mon, 17 June					
Tue, 04 June &	Math	BSt	Pol Sc	Chem	Chem
Tue,18 June					
Wed,05 June &	Science	Math	Math/Geog/	Math	Math/Psych
Wed, 19 June			Psych		
Thu, 06 June &	Social	Economics	Eco/ HSc	C Sc	Eco/Bio
Thu, 20 June	Science				
Fri, 07 June &	Hindi/	Accts	Hist/Paint	Physics	Physics
Fri, 21 June	Fr/Sans				

**II) Two practice papers** based on board pattern will be assigned on GCR. Practice Paper -I will be assigned on Mon, 10 June, and Practice Paper- II will be assigned on Mon,24 June. You will submit hard copies of the same on Tue, 02 July to the respective subject teacher.

#### ENGLISH

#### Unveiling India's Treasures: The Remarkable Contributions of the North Eastern States

This holiday season, we invite you to delve deeper into the vibrant tapestry of India by exploring the unique heritage and contributions of the North Eastern states. Nestled amidst lush greenery and steeped in centuries-old traditions, the North East offers a treasure trove of experiences waiting to be uncovered. In your holiday homework assignments, we encourage you to incorporate elements that shed light on the rich cultural heritage, literary traditions, and socio-economic landscape of the North Eastern states. Whether it's through web pages, creative projects, or cultural presentations, let your exploration of the North East be a testament to your curiosity and appreciation for the diverse mosaic of our nation. While you delve into your academic pursuits, we urge you to also embrace the opportunity to foster cross-cultural understanding and empathy for the people of the North Eastern states.

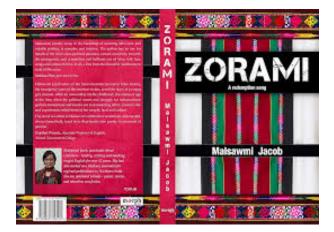
- A. Suggested reading List:
- When Blackbirds Fly by Hannah Lalhlanpuii

Life is sweet growing up in Aizawl, with his family and friends, and all the narrator wants is a peaceful life. But the independence movement in Mizoram means that regardless of what he wants, he is drawn inexorably into a world where everyone has to choose where they stand ...Set in the initial stages of the two-decade-long struggle for Mizoram's independence and against the backdrop of the 1966 bombing of Aizawl, this stunning debut novel is an universal story of how individual dreams and lives are shattered when larger conflicts arise.



• ZORAMI: a redemption song by Malsawmi Jacob

Malsawmi Jacob takes on the most traumatic period in Mizo history, the insurgency years of the nineteen sixties, to tell the story of a young girl, Zorami. After an uneventful, idyllic childhood, she comes of age at the time when the political unrest and struggle for independence gathers momentum and breaks out to devastating effect. Zorami's life and experiences reflect those of her people, land and culture. The novel is written in Malsawmi's distinctive restrained, understated, always beautifully lucid style that breaks into poetry in moments of passion. --Zualteii Poonte, Associate Professor in English, Aizawl Government College.



B. Ever dreamt of studying abroad in any of the top universities? If yes, then, did you consider the documentation that goes along with your application to these universities? Along with your Academic Transcripts, Statement of purpose, test scores, an impressive LOR is also of utmost importance. Draft a Letter of Recommendation for yourself. How would you do that, you may ask?

Well, start by writing 10 qualities that define you as a student in the classroom. Are you diligent, creative, and patient, a sportsperson, a film enthusiast, a chef or just someone who simply likes making to-do lists every day? Your quality can be anything that defines your individuality and makes you stand out! Once you do that, follow the steps lined out in the following presentation and follow the attached samples and instructions for reference. There is a standardized format, when it comes to drafting an LOR as well as an LOR request to your academic advisor or class teacher or subject teacher. Please pay heed to the next few steps highlighted in the PPT attached below.

Click <u>https://drive.google.com/file/d/1KiPBZVqg8vHzBU2zbh8cUNRtoS3sh8TR/view?usp=share\_link</u> Check the GCR for further details. Handouts wrt LOR have been posted in the Google Classroom.

C. Practice paper -I

Syllabus

Reading Comprehension

Prose

- The Last lesson
- ✤ Lost Spring

Poetry

- My Mother at Sixty Six
  Writing Skill
- Notice
- Article

# Practice paper -II

Syllabus

Reading Comprehension

Prose

- The Third Level
- Deep water

Poetry

Keeping Quiet

Writing Skill

Letter to the Editor

Project Work-

The guidelines of the CBSE project work for the academic year will be uploaded in the google classroom. The topic ,groups, method, will be finalized during the break, the initial script also has to be uploaded in the GCR.

### **ECONOMICS**

Syllabus

### PRACTICE PAPER 1

- 1. Money and Banking
- 2. Indian Economy on the eve of Independence
- 3. India-1950-1990

### PRACTICE PAPER 2

- 1. National Income
- 2. Government Budget
- 3. New Economic Policy-1990

## POLITICAL SCIENCE

Syllabus

Practice paper -I End of Bipolarity New Centres of Power Contemporary South Asia

Practice paper -II International Organisation Security in the contemporary world Environment and Natural Resources Globalisation

## Topic- PROJECT can be prepared on any 1 of the following topics:

#### Topics from World politics:-

- 1. Superpower The American view of the world.
- 2. Presence of 3rd world in global politics.
- 3. Green politics, need of the hour.
- 4. The highly skewed idea of UN.
- 5. The existential crisis of African nations.
- 6. Euro-scepticism, is Brexit a panacea?
- 7. Where do the refugees belong?

## Topics from Indian politics:-

- 1. Emergency 1975 = Saving 'INDIRA'
- 2. The Nehru- Jinnah theory of division

- 3. 21st-century definition of Indian journalism the sword is mightier than the pen.
- 4. Will cultural relations solve the Indo-Pak catch 22 situation?
- 5. The misinterpreted idea of Indian secularism
- 6. Growing violence against women.
- 7. Operation blue star.
- 8. Who are the urban naxals?
- 9. The highly concealed notions of custodial death.
- 10. Do opposition parties still exist in Indian politics?

### Some other suggested topics are:

- 2. Partition- Theory behind it and its legacy
- 3. State Reorganisation- Do we still require it?
- 4. Election Commission- its changing role and importance
- 5. One Party Dominance-Congress to BJP post 2014 (depending upon the election results)
- 6. Change in India's Foreign Policy
- 7. India's relation with its neighbours- any one country can be studied
- 8. Emergency- Reasons and Consequences- a role play or skit with a group of 5 students
- 10. Regional Aspiration Separatist Movement- Kashmir
- 11. Role of Regional Parties- A detailed study of any one
- 12. Naxalite Movement- How can government address the problem?
- 13. Politics of Reservation in India- Constitution- SC and ST, Mandal- OBC, NDA- EWS
- 14. Coalition Politics- Study of UPA and NDA
- 15. Cold war- Is the world heading to Cold war 2 USA and China
- 16. China The next Superpower
- 17. Post Soviet Republics- Life after Disintegration
- 18. EU Brexit
- 19. UN and its agencies a Mock Event can be presented by the group
- 20. Environment- Sustainable development- Need of the hour
- 21. Globalisation Eco., Pol., and Cultural Impact on Third World

## **Project Guidelines and Format**

- Acknowledgement
- Contents
- Foreword
- Body
- Conclusion
- Questionnaire (minimum 10 samples)
- Bibliography

N.B.

• Project must be supported with newspaper clipping, collage work, internet material, magazine articles and photographs.

- The project work can be in the form of PowerPoint Presentation/Exhibition/Skit /albums/Project Files.
- Objective: The overall objective of the project work is to help students gain an insight and pragmatic understanding of the theme.
- Project should have 20-25 pages and it should be hand written.
- The distribution of marks over different aspects relating to Project Work is as follows

#### Rubrics as per Pol Sc curriculum 2023

SL NO	COMPONENTS	MAKS ALLOTTED
1	INTRODUCTION/OVERVIEW	2
2	VARIETY OF CONTENTS	3
3	PRESENTATION	3
4	CONCLUSION	1
5	BIBLIOGRAPHY	1
6	VIVA VOCE	10

#### History

#### "The subject of history is the life of peoples and mankind"

Leo Tostoy

**<u>Activity I</u>:** Here's an opportunity for you to connect your present to your past through an interesting project. Traverse the milestones of the ancient, medieval or modern period and discover the fascinating aspects of the seminal events that have enriched our history like never before.

#### Few suggestive topics:

- 1. The Indus Valley Civilization-Archeological Excavations and New Perspectives
- 2. The History and Legacy of Mauryan Empire
- 3. "Mahabharat"- The Great Epic of India
- 4. The History and Culture of the Vedic period
- 5. Buddha Charita
- 6. A Comprehensive History of Jainism
- 7. Bhakti Movement- Multiple interpretations and commentaries.
- 8. The Mystical Dimensions of Sufism
- 9. Global legacy of Gandhian ideas
- 10. The Architectural Culture of the Vijayanagar Empire
- 11.Life of women in the Mughal rural society
- 12. Comparative Analysis of the Land Revenue Systems introduced by the Britishers in India
- 13. The Revolt of 1857- Causes; Planning & Coordination; Leadership, Vision of Unity

14.The Philosophy of Guru Nanak Dev15.The Vision of Kabir16.An insight into the Indian Constitution

#### Guidelines for the project:

The recordings of your research on the topic of your choice has to be filed in the following sequence:

- Choose a Title/Topic
- Need of the Study, Objective of the Study
- Hypothesis
- Content -Timeline, Maps, Mind maps, Pictures, etc.
- (Organization of Material/Data Present Material/Data)
- Analyzing the Material/Data for Conclusion
- Draw the Relevant Conclusion
- Bibliography

#### Rubrics:

- → Introduction, statement of purpose/need and objectives of the study, hypothesis, research question, content, presentation, methodology, evidence collection 6 marks
- → Significance and relevance of the topic, challenges to encountered while conducting the research 5 marks
- → Content analysis and its relevance in the current scenario, conclusion, limitations, bibliography, annexures and overall presentation 5 marks
- → Viva- 4 marks

## Activity II: OBJECTIVE TYPE PAPERS & PRACTICE PAPERS:

#### Syllabus:

#### **Objective Type Paper 1 & Practice paper 1**

Theme 1: Bricks, Beads and Bones Theme 2: Kings, Farmers and Towns Theme 3: Kinship, Caste and Class

## **Objective Type Paper 2 & Practice paper 2**

Theme 4: Thinkers, Beliefs and Buildings

Theme 5: Through the eyes of Travellers

Theme 6: Bhakti - Sufi Traditions

## PSYCHOLOGY

#### **Objective Paper & Practice Paper**

Syllabus for Objective Paper I and Practice Paper I

- Variations in Psychological Attributes
- Self and Personality

Syllabus for Objective Paper II and Practice Paper II

- Meeting Life Challenges
- Psychological Disorders

### Practical Work

Complete the practical file work which includes RSPM, MPI, SCQ, AISS, and SCAT.

### Case Profile

Identify the case and prepare a case profile using observation, (two) psychological tests, and interviews.

## MATHEMATICS

Practice paper -1

Syllabus

- 1. Matrices
- 2. Determinants
- 3. Continuity and differentiability

Practice paper-2

Syllabus

- 1. Application of derivatives
- 2. Integrals (Indefinite Integrals)

## HOME SCIENCE

## ACTIVITY I: PRACTICE PAPER SYLLABUS

## **OBJECTIVE TYPE PAPER AND PRACTICE PAPER 1**

- Work, livelihood and career
- Clinical nutrition
- Public nutrition and health

#### **OBJECTIVE TYPE PAPER AND PRACTICE PAPER 2**

- Food processing
- Food safety
- Design for fabric and apparel
- Development communication and journalism

## ACTIVITY II: PROJECT WORK

Students have to design a project, with extensive details on any one of the given topics-

- 1. Study of an integrated community based, nutrition/health programme being implemented in own area, with reference to
  - a) Programme objectives
  - b) Focal Group/Beneficiaries
  - c) Modalities of implementation

2. Visit the neighboring areas and interview two adolescents and two adults regarding their perception of persons with special needs.

3. Profile any two people (child/adult) with special needs to find out their diet, clothing, activities, physical and psychological needs.

4. Planning any five messages for nutrition, health and life skills using different modes of communication for different focal groups.

5. Market survey any five processed foods with their packaging and label information.

Guidelines for drafting of project-

- Introduction
- Research- historical background, present day scenario, advantages and disadvantages etc.
- Information collected
- Analysis of the information
- Conclusion

#### GEOGRAPHY

ACTIVITY - 1 OBJECTIVE TYPE AND PRACTICE PAPER - 1

SYLLABUS

BOOK - I (HUMAN GEOGRAPHY)

- 1. Human geography
- 2. Population distribution
- 3. Human development
- 4. Primary activities
- 5. Secondary activities

#### **OBJECTIVE TYPE AND PRACTICE PAPER - 2**

## BOOK II (INDIA BOOK)

- 1. Water resource
- 2. Land and agriculture Resource
- 3. Mineral and energy resource

- 4. Planning
- 5. Geographical perspective

ACTIVITY - 2 PRACTICALS

Complete your practical file Statistics practicals

#### PAINTING

ACTIVITY.1 PRACTICE -1 THEORY SYLLABUS

#### Unit 1

- (a) Rajasthani School of Miniature painting
- Origin and development of Rajasthan school
- Characteristics of Rajasthani Miniature Paintings
- Appreciation of the Following Rajasthani Paintings
- (b) The Pahari School
- Origin and development of Pahari School
- Characteristics of the Pahari School of painting
- Appreciation of the following Pahari School of Miniature paintings

Practical Unit1 Nature and Object Study

• One or Two objects study with details